**TURN**

- Keep the cap closed.
- TURN the clear base in the direction of the arrows on the label until it clicks (half a turn).

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**OPEN**

- OPEN the cap until it snaps fully open.

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**PRESS**

- Breathe out slowly and fully.
- Close your lips around the mouthpiece without covering the air vents.
- While taking a slow, deep breath through your mouth, PRESS the dose-release button and continue to breathe in.
- Hold your breath for 10 seconds or for as long as comfortable.
- Repeat Turn, Open, Press for a total of 2 puffs.

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This information is from an international website which is intended for healthcare professionals not located in the United States of America (US) and the United Kingdom (UK). Respimat is subject to country-specific regulations and the approved product label may vary from country to country. Information on this website is derived from the approved European Summary of Product Characteristics. Please refer to your local product label for full details.

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Prepare for first use

1. **Remove clear base**
   - Keep the cap closed.
   - Press the safety catch while firmly pulling off the clear base with your other hand.

2. **Insert cartridge**
   - Insert the narrow end of the cartridge into the inhaler.
   - Place the inhaler on a firm surface and push down firmly until it snaps into place.

3. **Replace clear base**
   - Put the clear base back into place until it clicks.

4. **Turn**
   - Keep the cap closed.
   - Turn the clear base in the direction of the arrows on the label until it clicks (half a turn).

5. **Open**
   - Open the cap until it snaps fully open.

6. **Press**
   - Point the inhaler toward the ground.
   - Press the dose-release button.
   - Close the cap.
   - Repeat steps 4–6 until a cloud is visible.
   - After a cloud is visible, repeat steps 4–6 three more times.

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