

RESPIMAT® IN DAILY USE: JUST REMEMBER TOP²



TURN

- Keep the cap closed.
- **TURN** the clear base in direction of the arrows on label until it clicks.



OPEN

- **OPEN** the cap until it snaps fully open.



PRESS

- Breathe out slowly and fully.
- Close your lips around the mouthpiece.
- While taking a slow, deep breath through your mouth, **PRESS** the dose release button and continue to breathe in.
- Hold your breath as long as comfortable.
- Close the cap.

Reference: 2. Placebo Respimat® inhaler package leaflet; instructions for demonstration. Boehringer Ingelheim International GmbH. July 2016.

* With Spiriva®, Striverdi® and Spolto®, the medication is administered as two puffs once daily. Combivent® and Berodual® are administered as one puff up to four times daily.

